

THE NATURAL'S

ACIGNITION



Couture Nutrition has developed a true muscle building formula, scientifically engineered for today's serious athletes. This powerful energy and anti-catabolic formula promotes explosive endurance, lean muscle gains, and faster recovery to enhance any type of training.

ACIGNITION contains the Branched Chain Amino Acids (BCAAs) Leucine, Isoleucine and Valine. BCAAs are essential, your body cannot make them, and must be consumed in the diet. BCAAs are especially important for athletes because they play a key role in reducing muscle protein breakdown from intense exercise. Reducing muscle protein breakdown allows the body to instead manufacture muscle protein for rapid recovery. Better recovery means harder training and better gains.

To go with the BCAAs we needed sustainable, non-stimulant energy source without side effects. We ruled out stimulants like caffeine and instead focused on the Brazilian energy fruit Açai. Originating from the Amazon rainforests, Açai is a nutrient-rich source of energy and stamina containing vitamins, minerals, essential amino acids and fats, as well as anti-oxidants. The vitamins and minerals maximize protein utilization while the essential amino acids (EAAs) support increased protein synthesis and nitrogen retention. The anti-oxidant power of Açai comes from phytochemicals called anthocyanins. Açai has 10 – 30 times more anthocyanins than red wine. Anthocyanins fight the oxidation caused by hard training, supporting the immune system and overall health. **ACIGNITION** has the equivalent of 4 grams of concentrated Açai berry fruit in every serving.

Together the combination of BCAAs and Açai make an amazing pre or during workout beverage. After one use you'll find you have more energy to pound through your workout and your muscles will respond more rapidly to hard training. The BCAAs feed the muscles to prevent muscle breakdown and improve recovery while the Açai provides energy, stamina, EAAs, nutrients and a super anti-oxidants boost. When combined with proper training and nutrition, **ACIGNITION** will help take your workouts and body to the next level while catapulting your sports performance!†

FACTS

- **OVER 9 GRAMS OF BCAAS**
- **POWERFUL ANABOLIC FORMULA†**
- **OVER 5 GRAMS OF LEUCINE**
- **LEUCINE PREVENTS MUSCLE PROTEIN BREAKDOWN†**
- **ANTI-CATABOLIC EFFECTS PRESERVE MUSCLE†**
- **OVER 2 GRAMS OF VALINE**
- **VALINE FOR MUSCLE PROTEIN SYNTHESIS†**
- **OVER 2 GRAMS OF ISO-LEUCINE**
- **ISO-LEUCINE FOR GROWTH AND DEVELOPMENT†**
- **INCREASED NITROGEN RETENTION†**
- **1 GRAM OF AÇAÍ 4:1 EXTRACT**
- **UP TO 30X MORE ANTI-OXIDANT POWER THAN RED WINE†**
- **BROAD SPECTRUM EAAs FROM AÇAÍ†**
- **GREAT TASTE, ASPARTAME AND SUGAR FREE!**
- **TARGET MARKET: MEN AND WOMEN WANTING EXPLOSIVE ENDURANCE, LEAN MUSCLE GAINS, AND FASTER RECOVERY.†**

†These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

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PRODUCT SPECIFICATIONS

Directions: As a dietary supplement, take one (1) level scoop in 1 - 2 Cups of cold water prior to, during and/or immediately following your workout. Drink plenty of fluids while using this product.

| S U P P L E M E N T F A C T S | | |
|---|--------------------|----------------------------|
| Serving Size: One (1) Scoop (Approximately 11g) | | Servings Per Container: 30 |
| | Amount Per Serving | % Daily Value* |
| L-Leucine | 5 g | ** |
| L-Isoleucine | 2 g | ** |
| L-Valine | 2 g | ** |
| Açaí Berry Extract 4:1 (Euterpe Oleracea)(fruit) | 1 g | ** |

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Other Ingredients: Citric Acid, Natural & Artificial Flavors, Lecithin (soy), Sucralose (sweetener), Acesulfame Potassium (sweetener), FD&C Red Lake 40

ALLERGY INFORMATION: Contains soy based Lecithin. Manufactured in a facility that processes Milk, Egg, Peanuts, Shellfish, and Wheat.

NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING.

KEEP OUT OF REACH OF CHILDREN.

WARNING: Consult a Physician before using this product if you have any health condition, or if you are taking any medications or remedies, including OTC or prescription drugs. Do not exceed recommended serving size as this may cause adverse health effects. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience adverse reactions, such as gastrointestinal discomfort. Improper use of this product may be hazardous to a person's health. Drink at least 2 liters of water daily when using this product.

TAMPER RESISTANT: Do not use if seal under cap is broken or missing.

To report adverse events call FDA MedWatch at 1-800-332-1088.

STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE, SUNLIGHT AND EXCESS HEAT. ALWAYS KEEP TIGHTLY SEALED.

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